

START HERE

Does your child have pre-existing issues with Anxiety, Aggression, Depression or Extreme Hyperactivity?

YES

It is advised that you begin the Modified Protocol.

Determine your child's dose of fish oil and olive oil using the dosing chart and do NOT use inulin!

Start at the recommended doses of oils or work towards the recommended doses.

Once you are at the recommended doses for both oils hold there for a minimum of 6-8 weeks.

6-8 weeks later

Introduce the inulin at 1/16th or 1/8th of a tsp. Did your child react negatively to the inulin?

← YES

4 weeks later  
Remove the inulin and stay on the oils alone longer. Retry in one month.

NO

Slowly continue to increase inulin until you see indicators of AWAKENING. \*Please see the files to understand what awakening looks like.

Stay at the current doses of Inulin, fish oil and olive oil.

Continue to monitor progress.

NO

1. Determine your child's dose of fish oil and olive oil using the dosing chart.

2. Start with 1/8th tsp of Inulin and hold there for 7-10 days.

Did you see indicators of AWAKENING? \*Please see the files to understand what awakening looks like.

7-10 days later

← NO

Continue to increase inulin by 1/8th tsp every 7 - 10 days until you see awakening.

YES



The Nemechek Protocol VIP Support Group